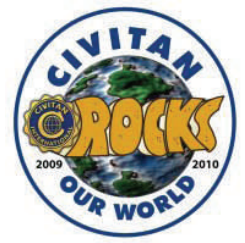




Fairfax Hornblower



The Fairfax Civitan Club Newsletter

Civitan Year 2009-2010 Issue 11

August 2010

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Meeting Information:

1st Tuesday of the month*
Gather at 6:30 pm w/dinner at 7 pm
Adjournment by 9 pm

Red Lobster Restaurant
10325 Fairfax Boulevard
Fairfax, VA 22030

**FOR FIRST TIME VISITORS
DINNER IS FREE!**

*Projects are scheduled at other times during the month.



AUGUST 3 BUSINESS MEETING TO FEATURE SARAH CALDWELL OF THE PHILLIPS SCHOOL

The mission of the Phillips School is to serve the needs of individuals with emotional, intellectual, and behavioral disabilities and their families through education, family support services, community education and advocacy. Their goal is to maximize students' potential so that they may be productive members of society.

It has been quite a while since we have heard from the Phillips School, and so we are really looking forward to hearing about what is continuing to work for the students and what is new with the organization and programs. We will also be presenting them with our check to help fulfill their mission to the children and their families.

We will be gathering at the Red Lobster, 10325 Fairfax Blvd. (formerly Arlington Blvd.) in Fairfax, a few blocks east of Rt. 123. We'll gather at 6:30pm and the dinner meeting will begin at 7pm. We will be adjourning by 9pm

Please email or call Elaine (esenft@comcast.net or 703-726-0965) by Monday, August 2, to let her know that you are planning to attend. Remember that the dinner for first time visitors is on us, so bring a friend.



TOO HOT!!!!

The forecasted 103 degrees with high humidity for Saturday, July 24, was just TOO much to even THINK about doing our Wilcoxen Park Clean-Up!



The next "Walk in the Park" will be Saturday, August 28. Since this is the same day as the Race Into Autumn at the Northern Virginia Training Center, we will be beginning a little later than usual—at 11am. With many hands helping, we will be finished in about an hour or so.

Wilcoxen Park begins at the Recycling Center off of Pickett Road between Rt. 50 and Little River Turnpike (Rt. 236). Long pants and gloves are a good idea. Project chair Dave Hartmann will bring the trash bags. See you then!

Civitan Year 2009-2010 Officer Roster/Contact Info

PRESIDENT

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Chaplain

C. David Hartmann

Sergeants-at-Arms

C. David Hartmann
LaDonna Hartmann

Directors

Lynn Leitch	Ed Senft
Tina Ciambuschini	Josh Felts
LaDonna Hartmann	Denny Vaughan

Civitan on the Web

<http://www.fairfaxcivitan.org>
Visit our Fairfax Civitan Club Web Page!

<http://www.chesapeakedistrict.org>
The Chesapeake District Web Page

<http://www.civitaninternational.com>
See what's happening at Civitan International headquarters!

<http://www.circ.uab.edu/>
Visit Civitan's flagship project – UAB Civitan International Research Center

<http://www.nvtc.dmhmrzas.virginia.gov>
Visit our Fairfax Civitan Club's flagship project – Northern Virginia Training Center

Elicitations from Elaine

... Rockin' Notes From our President



The Celebration of a new Civitan Club is truly an exciting event! Bob Shaffer, new Field Director for the Chesapeake District, welcomed the large group of charter members and other visitors. Christine Wong, Treasurer, read several congratulatory communications from International and other clubs. She also accepted congratulatory letters and checks from those in attendance. Jo Ann O'Toole, Governor-Elect, initiated the charter members. Shirley Seleples, the mother of Marcie Peterson, President of the Greater Loudoun Civitan Club, installed the Charter Officers. This was very special since Shirley Seleples is a Past Governor of the North Carolina East District. (Marcie was also president of her Junior Civitan Club.) Maribeth Jacobs, Governor, presented the Charter to Marcie which was followed by her gracious acceptance. Club Builders Pat Koepsel, Ed and Elaine Senft then presented gifts for the new club: a bell and gavel, a table-top podium, a banner and banner stand, and a sign to be placed at a Loudoun County boundary. David Wahl, Area III Director, also welcomed the club into our area. Elaine Senft told attendees about the upcoming District Convention and invited them to participate in a variety of ways.

This is a very enthusiastic group of new Civitans. They have chartered with 32 members and are really excited about providing service to the Greater Loudoun area! Their monthly business meeting will be the first Wednesday of each month at 6:30pm at Christ Community Lutheran Church, 826 South King Street in Leesburg. They will also have a monthly luncheon board meeting on the third Wednesday of each month at various locations. They would love to welcome you at one of their meetings.

And a WOW—this is the 22nd new club reported to Civitan International for 2009-2010.



Support These Ongoing Fundraisers!



Please remember to bring your PopTops and your used printer ink cartridges to our next Civitan meeting. Ed Senft is "in charge" of collecting the pop tops for a project supporting Ronald McDonald House (in partnership with our fellow Civitans at the CFS Proud Hearts Civitan Club). Denny Vaughan is our Ink Cartridge Re-cycling leader, helping to recycle cartridges and earn money and Office Depot credits to help other groups who we work with and support!



HELPING AT THE ARLINGTON CIVITAN CLUB'S GARAGE SALE

By now, you should have the last four dates on your calendar for helping at this huge garage sale: August 7, September 4, October 2, and November 6. For every hour that one person volunteers their time, \$10 is raised for our club's projects. \$350 was raised at the July Sale by members and friends of Fairfax Civitan!

The Garage Sale is in the I-66 garage in North Arlington, adjacent to Washington-Lee High School and the Arlington Planetarium at 15th and north Quincy Streets in Arlington. 120-140 volunteer hours are needed to have the Garage Sale run smoothly. Volunteers are needed on the Friday before from 4:30pm until all preparations are done. On Saturday, volunteers are needed between 5am to 4:30pm (which includes clean-up). You select the time you want to volunteer. Volunteers can help visitors with parking, cutting onions, and all sorts of other tasks. On-the-spot training will be given. If you have questions, want to volunteer, or if you need directions, you can call or email Gabriella at 703-378-9241 or gabriellas31@verizon.net

Just make sure that you sign in and out to insure credit for our club. Remember that for each hour you volunteer, our club gets \$10.

THANKS A LOT!! The people we help support will be most grateful for your efforts!



LOOKING BACK ON JULY EVENTS

Saturday, July 3, was the day for the Annual Independence Day Celebration in Fairfax. Gabriella and Joni had our Concession Stand planned and organized to the hilt, and the parade was filled with huge helium balloons (including an American flag balloon!), marching bands, government dignitaries, motorcycle police, the Redskin Band, the little Shriners' cars, floats, dance groups, and so much more. The day was absolutely gorgeous. Over \$300 was raised for the organizations that we help support.

Meanwhile, several members were also busily working at the Arlington Civitan Garage Sale. Their efforts raised \$350 for our organizations.

You can do the math—over \$650 was raised in one day! Congratulations, and great thanks to all Fairfax Civitans who participated in these efforts.



Monday, July 26, was the Charter Celebration for the new Greater Loudoun Civitan Club. See the Elicitations from Elaine for more information. (See Elicitations from the President)

Over 100 placemats were made at the Wellspring Group Home on Saturday, July 31 that will be delivered to the residents of the Sunrise, Fair Oaks, on Sunday, August 22, during the Bingo event. The ladies made delicious chocolate chip cookies for our snack. Those ladies sure can bake!! YUM! (See article on page 4)

CIVITANS! LET'S ROCK OUR WORLD!!

The Fairfax Civitan Hornblower will be published monthly. Please contact Dee Leonard, 9467 Cedrus Drive, Midland, VA 22728-1714 if you have questions or would like to contribute news articles. (deeleonard@aol.com), HOME: 540-439-1502 or CELL: 703-507-4903)

PLACEMAT DELIVERY TO SUNRISE SUNDAY, AUGUST 22 AND BINGO!!



We'll arrive about 2:45pm at the Sunrise, Fair Oaks, to deliver the placemats and to set up all the prizes and snacks for Bingo. We can't start early enough as far as the residents are concerned—they just love it when we come to play Bingo with them! This is always a special time for the residents because they usually don't have a planned activity on Sunday. We'll be finishing by 4pm, so please let Elaine know if you plan to join us.



BURKE LAKE PICNIC SATURDAY, SEPTEMBER 18

Fun and food is the theme of this picnic for persons with disabilities. It is sponsored by Area III of the Chesapeake District, in coordination with the Therapeutic Recreation Department of Fairfax County Parks and Recreation. If you know of anyone with a disability, you can certainly invite them! Most volunteers will be needed between 11am and 2pm. Watch for more details in the September Hornblower.



CANDY AND COIN BOXES

Keep on looking for good places to place a candy or coin box. Florists, dry cleaners, restaurants where you pay your check as you exit, car washes, your veterinarian office—the list is unending. Talk to the manager, and tell him/her what good things the donations will be used for. Elaine has both candy and coin boxes available. Encourage the coin boxes—they net us 50% of the donations and are easier to service (no candy needed).



CONGRATULATIONS, DENNY VAUGHAN FAIRFAX CIVITAN VOLUNTEER OF THE YEAR

This Wednesday, August 4, at 7:30pm, Denny will be honored as our Volunteer of the Year at the Fairfax Inter-Service Club Council Awards Ceremony. In addition to his many activities for our club, he is also an active volunteer for NOVACO and OAR.

The celebration will take place in the Old Town Hall (the lovely building on the corner of Main Street and University Drive) in downtown Fairfax. There are at least three parking lots that are convenient to Old Town Hall. We tend to think of the one adjacent to OTH. That is an unpaved lot and requires a bit of a walk up the hill. There is also a lot just one block south of OTH on University on the same side of the street. The advantage is that it is paved and the walk is slightly down hill. There is also a lot on Main Street, just east of OTH on the other side of the street. It is unpaved, but level, no hills to climb and access to OTH from the rear (no steps).

Come and applaud Denny as he receives this well-deserved honor.



CHESAPEAKE DISTRICT CONVENTION AUGUST 13-15 Fair Lakes Hyatt

This important event is being hosted by the Fairfax Civitans with assistance from other nearby clubs. Here are some ways that you can help make the Convention a success for our Chesapeake District.

1. Enjoy a taco supper on Friday evening in the Hospitality Room with the compliments of Linda and Ray Lilly and Lynn Leitch.
2. Attend the Foundation Meeting on Friday evening, beginning at 8pm. Learn how the Foundation functions and about the grants that will be given to organizations that help support people with developmental disabilities.
3. Bring a breakfast item and/or help to serve at the Saturday breakfast. (Contact Dee Leonard at 540-439-1502 or deeleonard@aol.com)
4. Attend the Business Meeting on Saturday morning, beginning at 8:30am. Learn about current things going on in our district as well as what the various clubs are doing.
5. Attend the Fellows Luncheon on Saturday, beginning at noon. **This will be a very special time for us because Judy Fitton will be honored with a Fellow Presentation for her work with the Leaders in Freedom Conference.**
6. Attend the Installation Banquet on Saturday evening, beginning at 6pm. Civitan International's President-Elect Gay Aaron will be sharing lots of information with us regarding the upcoming 2010-2011 Civitan Year. Following the dressy banquet, we'll have a little time to change into our "salsa" outfits (if you wish) before Frederick Salsa teaches us salsa dance steps. We'll have time to use our newly learned steps and just enjoy the upbeat music.
7. Provide snacks for the Hospitality Room—bags of nuts, M&M's, chips and dips, pretzels, etc. The Hospitality Room is a great place to meet, chat, and share ideas with other Civitans when no meeting is convened.
8. Help at the Registration Desk on Saturday morning from 7:30-10am.
9. Donate hardback or soft back books for the Book Sale. They may be new or used. Help to sell books.
10. Donate an item for the Silent Auction which will be attractive to many people. Both the Book Sale and Silent Auction raise money for the District to help defray costs. You can also help at the auction.
11. We may also need a few bartenders: Friday from 4-6pm and 9-11pm; Saturday afternoon (time TBD) and about 9:30-11:30pm

To provide items 7-11, please let Elaine know at esenft@comcast.net or 703-726-0965, or sign up at the August 3 Business Meeting.

Links to registration and hotel forms will be found on the District's website: <http://chesapeakedistrict.org>. If you would like forms and do not have access to the web, please request them from Elaine.



**ALZHEIMER'S MEMORY WALK
SUNDAY, SEPTEMBER 26
RESTON TOWN CENTER
4:00 PM**

The Memory Walk is the nation's largest event to raise awareness and funds for Alzheimer care, support, and research. This year's Memory Walk in our area will be about a mile around the Reston Town Center. We will return to the Pavilion for the Candlelight Rally. We will also have a table in the Registration Area which will allow us to share information about Civitan and our efforts, through the Civitan International Research Center, to help combat Alzheimer's as well.

We are hoping to form a Fairfax Civitan Team so that we can raise even more money for research and support. There will be more information on this at the August 3 Business Meeting. In the meanwhile, you can check out the website at www.alz.org.

So make sure you save the evening of September 26 for this important event.

**FOR YOUR CALENDAR--
IMPORTANT DATES, EVENTS, AND NOTES**

Tuesday, August 3: Business Meeting at the Red Lobster, Fairfax, 6:30pm
Speaker: Sarah Caldwell of the Phillips School

Wednesday, August 4: Denny Vaughan to be honored as the Fairfax Civitan Volunteer of the Year for the ISCC, 7:30pm at the Old Town Hall in Fairfax.

Saturday, August 7: Arlington Civitan Garage Sale fundraiser

Friday through Sunday, August 13-15: Chesapeake District Convention

Sunday, August 22: Bingo at Fair Oaks Sunrise, 2:45pm

Saturday, August 28: Race Into Autumn, NVTC, 8am

Saturday, August 28: Wilcoxon Park Clean-Up, 11am

Saturday, September 4: Arlington Civitan Garage Sale fundraiser

Tuesday, September 7: Business Meeting at the Red Lobster, Fairfax, 6:30pm

Saturday, September 18: Burke Lake Picnic, about 11am

Sunday, September 26: Alzheimer's Candlelight Walk, Reston Town Center, 4pm

Saturday, October 2: Arlington Civitan Garage Sale fundraiser

Tuesday, October 5: Installation of Club Officers by Governor Jo Ann O'Toole at our regular business meeting, 6:30pm at the Red Lobster, Fairfax





FIFTH ANNUAL
RACE INTO AUTUMN

5K and 1 MILE FUN RUN
SATURDAY, AUGUST 28, 2010
Northern Virginia Training Center
Gather at the gym
8am

To run or to volunteer—that is the question. Either way, your efforts will benefit the residents of NVTC who have severe or profound mental retardation and other disabling conditions. All proceeds will go to the general recreation fund and will be used for things like horseback riding, vacations, day trips, and various individual leisure pursuits. The five-mile fun is being professionally timed. To learn more of the details and to register on-line, go to: http://www.active.com/page/Event_Details.htm?event_id=1869142



If running is out of the question, then you can be one of the many volunteers that will be needed. At this time, there is a real need for sentries along the course—people to hand out water to the runners and direct runners in the correct direction. Other tasks include finish line timers, help with registration, parking helpers, and more. Please call Volunteer Services at 703-323-4078 or 4079 to get a complete list and description of tasks and time slots. (They can also register you and give you more information if you do not have computer access.) Please identify yourself as a Fairfax Civitan, or a friend of the Fairfax Civitans.



Elaine will also have a sign-up sheet at the August Business Meeting.

Remember that following this opportunity for service, we'll be traveling to Wilcoxon Park to do our Adopt-a-Spot Park-Clean-Up at 11am. See related article elsewhere in this Hornblower.

