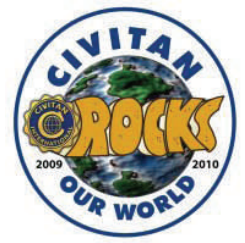




# Fairfax Hornblower



The Fairfax Civitan Club Newsletter

Civitan Year 2009-2010 Issue 7

May 2010

## In This Issue . .

- Spotlight on a Candy Box!
- Looking ahead to the District Convention in August
- Elicitations from Elaine!
- Arlington Civitan Garage Sale
- May 4th meeting featured Janet Samuelson, CEO of the ServiceSource Network
- A Meeting to Remember!!
- Independence Day Project to be held on 7/3/2010
- Civitan at the Stables
- Officer Elections
- In Sympathy
- Board of Directors' Notes
- Civitan at the Farm
- Directions to Civitan at the Farm



## Meeting Information:

1st Tuesday of the month\*  
 Gather at 6:30 pm w/dinner at 7 pm  
 Adjournment by 9 pm

Red Lobster Restaurant  
 10325 Fairfax Boulevard  
 Fairfax, VA 22030

**FOR FIRST TIME VISITORS  
 DINNER IS FREE!**

\*Projects are scheduled at other times during the month.



## SPOTLIGHT ON A CANDY BOX

### YORKSHIRE RESTAURANT

7537 CENTREVILLE ROAD  
 MANASSAS, VA 20110  
 703-368-4905

“Best Breakfast in Town!” is what their outdoor sign says. And as you read the reviews, the people who visit there for breakfast certainly agree. Their homemade buttermilk biscuits are absolutely wonderful! Looking for grits? They’ve got them too. They also have a variety of omelets, and you have your choice of toppings for their tasty pancakes and Belgian Waffles. And by the way, breakfast is served all day. It is one of the few places around that you can still get a delicious, quality breakfast for two for under \$15.

You will find just about all of your favorites on their lunch and dinner menu. They feature salads, homemade soups, meatloaf, burgers, hand-breaded chicken tenders, open-faced sandwiches, fried shrimp, stews, and so much more, including my favorite, Pork Chops. They have lunch and dinner specials Mondays – Fridays. Just about everything on their lunch and dinner menu is made from scratch which makes for delicious, homestyle cooking.

You can enjoy their down home, southern cooking in a country atmosphere Monday – Saturday from 6am – 9pm and on Sundays from 6am-3pm. You can check them out on Facebook (Yorkshire Manassas) and get their daily specials and special photos.

Just a little about the family-owned restaurant. Some of their waitresses have been there for over 20 years, and now some of their daughters are waitresses—all are very friendly and efficient, providing great service. The restaurant has been there since 1958, and the current family has had it since 1979. For your convenience, they take all major credit cards. When you stop by, make sure you meet brothers/owners Elias and Matt Natour. They’ll be happy to know that some folks from Civitan are enjoying their fantastic food in this charming café.



## LOOKING AHEAD TO AUGUST AND THE CHESAPEAKE DISTRICT CONVENTION

Make sure that you have the dates of August 13-15 marked on your calendars. We will be needing your help with a variety of tasks as we host this Convention. If you would like to help with a breakfast item for Saturday morning, please notify Dee Leonard-- [deeleonard@aol.com](mailto:deeleonard@aol.com) or 540-439-1502. We will let you know of other needs as the time gets closer.

We are also asking you to save your good used paperback and hardback books for the Book Sale. Items for the Silent Auction are needed also—they need to be new or gently used and attractive for others to buy.

Links to registration and hotel forms will be found on the District’s website: <http://www.chesapeake-district.org>

**Civitan Year 2009-2010  
Officer Roster/Contact Info**

**PRESIDENT**

Elaine Senft  
esenft@comcast.net  
Home: 703.726.0965  
Cell: 571.212.9096

**President-Elect**

Gabriella Smith  
gabriellas31@verizon.net  
Home: 703-378-9241  
Cell: 703.786.8146

**Secretary**

Barbara d' Andrade  
bdandr@cox.net  
Home: 703.255.5149  
Cell: 703.201.3503

**Treasurer**

Howard Oberheu  
hdojao@starpower.net  
Home: 540.347.5323

**Immediate Past Co-Presidents**

C. David Hartmann  
chartmann@cox.net  
Home: 703.978.4902  
&

Maribeth Jacobs  
Home\_mej@cox.net  
Home: 703.971.3113  
Cell: 703.577.5781

**Chaplain**

C. David Hartmann

**Sergeants-at-Arms**

C. David Hartmann  
LaDonna Hartmann

**Directors**

Lynn Leitch	Ed Senft
Tina Ciambuschini	Josh Felts
LaDonna Hartmann	Denny Vaughan

**Civitan on the Web**

<http://www.fairfaxcivitan.org>  
Visit our Fairfax Civitan Club Web Page!

<http://www.chesapeakeidistrict.org>  
The Chesapeake District Web Page

<http://www.civitaninternational.com>  
See what's happening at Civitan International headquarters!

<http://www.circ.uab.edu/>  
Visit Civitan's flagship project – UAB Civitan International Research Center

<http://www.nvtc.dmhhrsas.virginia.gov>  
Visit our Fairfax Civitan Club's flagship project – Northern Virginia Training Center

## Elicitations from Elaine

### **... Rockin' Notes From our President**

### **PLACING A COIN OR CANDY BOX—YOU CAN DO IT!**

#### **HELP RAISE MONEY FOR THE CIVITAN INTERNATIONAL RESEARCH CENTER AND OUR ORGANIZATIONS**



Think of a business that you may frequent that does not already have a charitable money container. If the owner or proprietor has at least some recognition of you, all the better. He/she may be more likely to let you place a donation box if you are known to him. Think about dry cleaners, flower shops, car washes, mom and pop grocery stores, veterinarians, transmission shops, barber and beauty shops, where you work, restaurants where you pay as you leave, etc. The list is unending.



**WHAT YOU DO:** Get a coin box or candy box (hereafter referred to as “the box”) from Elaine. (If you want a candy box, it should already be filled with mints provided by Lynn Leitch through Civitan International.) It is interesting to note that people are usually more generous with a coin box, and the business does not have to store the candy.

Call on the prospective clients during their non-busy times.

Place the box in front of the client with the picture facing him. You should be prepared to give him at least four reasons why he should have a box in his business. These might include:

- Tell him what we do with the money collected
- Show him pictures of our service projects
- Tell him that we encourage all of our club members to patronize the places that have boxes
- Tell him that his customers will appreciate his community efforts
- Show/give him a brochure about the Civitan International Research Center (CIRC). Donations will be used by the CIRC to support their research on developmental disabilities and other syndromes of the brain like Alzheimer's, autism spectrum disorders, pediatric multiple sclerosis, brain tumors and more. You can offer to lend him our DVD about current happenings at the CIRC.
- Show him the back of the card where it lists organizations we help support and our service projects.
- Most of the money collected actually helps people. With coin boxes, 50% of the money stays with our club and helps the organizations we support; 45% is used by the CIRC—that's 95%! With candy boxes, we only get to keep 25% of the collections due to the expense of the candy; 43% is used by the CIRC—that's 68%.

Once he says “Yes,” ask him where he wants you to place the box on his counter. Invite him to our next business, service, or social meeting so he can get to know us. Tell him approximately when you'll be back to collect the money. If you're leaving a candy box, leave a big bag of mints so he can refill the box as necessary. Make sure that your name and contact number are on the back of the card.

As time goes on, let him know how much money is being created from his business.

Let your President Elaine know that you have placed a box. She wants to send an official letter of appreciation on behalf of our club and the organizations we support. She will make sure that it is publicized in our Newsletter, the *Hornblower*, so that more of us can frequent his business.

## HELPING AT THE ARLINGTON CIVITAN CLUB'S GARAGE SALE

Saturday, June 5, is the date for the next Arlington Civitan Club's Garage Sale in the I-66 garage in North Arlington, adjacent to Washington-Lee High School and the Arlington Planetarium at 15th and North Quincy Streets, in Arlington. In April, our club members and family members raised \$235 for the organizations that we support.

120-140 volunteer hours are needed to have the Garage Sale run smoothly. Volunteers are needed on Friday, June 4, from 4:30pm until all preparations are done. On Saturday, June 5, volunteers are needed between 5am to 4:30pm (which includes clean-up). You select the time you want to volunteer. Volunteers can help visitors with parking, and all sorts of other tasks. On-the-spot training will be given. **Please make sure that you sign in and out to insure credit for our club. Remember that for each hour you volunteer, our club gets \$10.**

If you have questions or want to volunteer, you can call or email Donna Hartmann at 703-978-4902 or [donna\\_hartmann@cox.net](mailto:donna_hartmann@cox.net). For directions, call or email Gabriella at 703-378-9241 or [gabriel-las31@verizon.net](mailto:gabriel-las31@verizon.net)

THANKS A LOT!! The people we help support will be most grateful for your efforts!



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## MAY 4 BUSINESS MEETING FEATURED THE SERVICESOURCE NETWORK

At the Tuesday, May 4, meeting, our guest was **Janet Samuelson**, President and CEO of ServiceSource Network. Ms. Samuelson told us about all the great things they are doing in order to provide work opportunities for people with disabilities. Many of our members were already familiar with ServiceSource and some of the services they provide. New to us was the description of how the ServiceSource Network combines national expertise with local experience. The Network provides employment rehabilitation support services and housing to more than 10,000 people with disabilities. The ServiceSource Network currently has prime contract operations in nine states and the District of Columbia. They are currently working with Central Fairfax Services, a long time partner with Fairfax Civitans and home of the Civitan Proud Hearts Club, to explore the possibility of CFS affiliating with the ServiceSource Network.



The ServiceSource Network is comprised of four affiliate organizations including Abilities of Florida headquartered in Clearwater, Florida, Employment Source headquartered in Fayetteville, North Carolina, OCI headquartered in Wilmington, Delaware and ServiceSource headquartered in Alexandria, Virginia. Collectively, the ServiceSource Network employed 1,367 individuals with disabilities and assisted 795 individuals in gaining employment with third-party community employers during FY 09.

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## ***CIVITANS! LET'S ROCK OUR WORLD!!***

The Fairfax Civitan Hornblower will be published monthly. Please contact Dee Leonard, 9467 Cedrus Drive, Midland, VA 22728-1714 if you have questions or would like to contribute news articles. ([deeleonard@aol.com](mailto:deeleonard@aol.com), HOME: 540-439-1502 or CELL: 703-507-4903)

## A MEETING TO REMEMBER!!

Very special people and fun describe our April 6 meeting that took place at the Red Lobster in Fairfax.

We were delighted to have Louis Stephens, Vice President of Membership/Leadership for Civitan International attend our meeting. He and Maribeth, Governor of our Chesapeake District, have been working on starting a new club in Springfield. It was a real honor to have them both.

We were also happy to again greet Lisa and Sara who would later be initiated into membership. We were also glad to have some time to chat with Libby, Michelle, Adele, Cathy, Susie and Patty from Wellspring. We were also pleased to have other guests with us—Katrina, Slade, and Gavin.



Before dinner was over, we discussed some business issues, including the Arlington Garage Sale, the recent District Meeting that took place in Annapolis, MD, Civitan at the Stables, our first "Walk in Wilcoxon Park" on Saturday, April 10, "Civitan at the Farm," and the report of the Nominating Committee. Elaine mentioned that the first part of the Scrapbook was on one of the tables so members could peruse it. Elaine also thanked Denny for making our new flag stand and pole, and she also pointed out that we now have a new podium, thanks in part to a gift certificate from the Supply House as a result of our contribution to the Golf Tournament.

Following dinner, we had the Initiation of five new members: Lisa Sara, Patty, Susie, and Cathy. Louis Stephens, Maribeth, and Elaine conducted the Initiation Ceremony which reflected the International Theme: Civitan Rocks Our World. Each received a packet of three rocks, representing our threefold goals of service, knowledge, and fellowship. Each also received her Civitan pin and name badge. We look forward to getting to know them better, and working together to make our world a better place.



To have some fun and to provide information about Civitan to our new members and guests, we played a rip-roarin' game of Civitan Jeopardy. It was the Clappers (those sitting on the banners side of the room who clapped when they knew a question) versus the Clinkers (those sitting on the flag side of the room who clinked on their glasses). The topics were Leaders, Service Projects, Communications, It's Only Letters (abbreviations of some of the organizations we help support), and \$\$\$\$\$ (fundraising). Maribeth was our scorekeeper, and Louis got to come to the rescue for a few of the more difficult questions. At the end of the game, the Clappers were wishing that their winning total would have won them real cash, but alas, everyone got a bag of candy, because in Civitan, everyone is a winner!

Louis concluded with some closing remarks, and then won the 50-50—we've had very lucky guests lately!! The meeting adjourned at 8:58pm, with everyone being glad that they could say, "I am Civitan!"

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## INDEPENDENCE DAY CELEBRATION JULY 3, 2010

If you have looked ahead on your calendar, you know that the 4<sup>th</sup> of July is on a Sunday. So the Fairfax Independence Day Celebration and Fireworks will be on Saturday, July 3 this year. We'll be gathering early on Saturday, July 3, to set up for our annual Hot Dogs, Snacks, and Drinks Stand fundraiser.

Set-up must be complete by 8:30 am, and the parade starts at 10am. We have a wonderful site right near the judging stand. More information will be forthcoming as we get closer to the time, as well as a sign-up sheet for this delightful Service/Fellowship/Fundraising event.



# CIVITAN AT THE STABLES SERVICE PROJECT AND GREAT FELLOWSHIP

**PLACE:** Full Cry Stables of the Northern VA Therapeutic Riding Program (NVTRP)  
6429 Clifton Road at the intersection of Pope's Head Road (about a mile south of Brad-  
dock Road), Clifton, VA

**SERVICE PROJECT:** Painting fences and trim on the barns

**KNOWLEDGE, FELLOWSHIP, AND FUN:** Tour of the farm and stables, watching a  
lesson, burgers, hot dogs, pot luck

**WE'RE GOING TO TRY AGAIN!!** Saturday, May 15 is our date for Civitan at the NVTRP  
Stables. We'll be painting fences and eating—what could be better on hopefully a beautiful spring  
day??



The tentative schedule is as follows:

9:30-10:15 am: Meet and greet, paperwork, tour of the property, watching a lesson  
10:15-10:30 am: Get ready to paint; get painting assignments  
10:30-1:00 pm: Prime a section of fence; snack break; paint that section of the fence  
1:00-1:45 pm: Clean-up  
1:45-2:00 pm: Drive to the Northern Virginia Training Center Picnic Pavilion to eat

The paperwork is of utmost importance. You can get a copy of the required Volunteer Forms from our website (<http://www.fairfaxcivitan.org>) in the Calendar Section. These have been revised, so if you have already filled out the forms, you will need to get the new forms off of our website. This is required by their insurance rules. It will be much more efficient if you can fill these out completely before you get there. Each person is required to submit a Volunteer Form.

In accordance with their insurance requirements, you must wear closed toe shoes (i.e., no sandals, flip flops, etc.) and be 12 years or older.

You may want to bring a folding chair so that you can sit while you paint. You may want to wear long pants and bring bug repellent. We will have a box of lightly powdered latex gloves, size large. You may also want to bring hand sanitizer, a wide-brimmed hat, and sunscreen.

So that those with a variety of allergies can join us to eat, we will be eating at the picnic pavilion at the Northern Virginia Training Center. So while some of us are painting, others will be getting the grill ready to cook hot dogs and hamburgers and getting tables ready. Children and grandchildren under 12 years old and those who cannot join us to paint are more than welcome to join us to eat! There will be a sign-up sheet at the April 6 and May 4 meetings so we can know how many painters we'll have, and then you'll also be able to sign up to bring a dish to share.

We cannot paint if the wood is already wet because of a recent rain, or if rain is predicted for Saturday. Watch your emails if we must postpone. Postponement will be done a few days in advance in consideration of those preparing a large quantity of food that may not be used.

A port-a-potty is available at the Stables and bathrooms are available in the building across the street from the picnic pavilion at NVTC.

Let's hope for a lovely day so we can accomplish a lot of painting!

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## Officer Elections held at May 4th Meeting

The following slate of officers was elected by acclamation at the May 4th Fairfax Civitan Meeting.

President: **Steve Leonard**

Board Members up for Re-Election:

President Elect: **Elaine Senft**

**Josh Felts, Donna Hartmann, Denny Vaughn, Gabriella Smith**

Secretary: **Barbara d'Andrade**

Board Members continuing their terms:

Treasurer: **Howard Oberheu**

**Tina Ciambuschini, Lynn Leitch**

Serving as "Past President" representative on the board will be **Dave Hartmann** since Elaine Senft will serve as President Elect.

## IN SYMPATHY

Our deepest sympathy goes to Steve and Dee Leonard and family on the death of two great-nieces: Kirstin, age 7, and her 6 year old sister Katrina who died of smoke inhalation in a house fire in Blairsville, PA. Memorials may be sent to the "Tolley Sisters Trust Fund" to help with funeral costs, etc. at any PNC Bank branch. You can give this account number: 1027971338. Memorial tributes may also be sent to the Civitan International Research Center (CIRC), c/o Civitan International, P.O. Box 130744, Birmingham, Alabama 35213-0744, clearly noting that the Leonard's are members of the Fairfax Civitan Club.



NOTE from Dee & Steve: Your prayer support for the girls' family, especially mom Jennifer Coursey, and grandparents Kim & Tom Shankle (former Fairfax Civitans), will be greatly appreciated.

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## HIGHLIGHTS OF THE BOARD OF DIRECTORS MEETING Tuesday, April 27

The Board of Directors met on Tuesday evening, April 27, at the home of Dave and Donna Hartmann.

\*We are very close to meeting all of the needed requirements for becoming an Honor Club.

\*The Board approved that Howard send a check to the Foundation for \$15,000 to donate to some of the organizations we help support.

\*Katrina Ciambuschini and Brian Smith will be initiated at Civitan at the Farm, May 22.

\*Civitan at the Stables is Saturday, May 15. We will need lots of people to prime and paint, and also some people to get lunch ready at NVTC. See article elsewhere in this Hornblower.

\*A tentative date of June 27 has been set up for a light supper and entertainment at the Lake Anne Fellowship House.

**\*We need a volunteer to be part of the Steering Committee for the Sept. 18 Burke Lake Picnic. ASAP, please call or email Elaine (703-726-0965 or [esenft@comcast.net](mailto:esenft@comcast.net)) to volunteer.**

\*Denny Vaughan was elected to be Fairfax Civitan Volunteer of the Year for the ISCC (Inter-Service Club Council). The presentation will be on Wednesday, August 4, 2010 at 7:30 pm.

\*We still have a free registration available for the International Convention in Cancun in Sept.

\*Either Mitchell Thompson (Program Manager) or Ed Guinan (Administrator) of Wellspring will be the speaker at the June 1 business meeting.

\*For the District Convention Aug. 13-15, you may get registration and hotel forms from [chesapeakeidistrict.org](http://chesapeakeidistrict.org) We will be needing lots of volunteers to prepare food, sell 50/50 tickets, and do other tasks.

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## Other Important Dates, Events, and Notes for Fairfax Civitans

- **Friday, May 21, 2010** - Civitan Variety Show at Northern Virginia Training Center Gym—10:00 am  
ALL are welcome to attend. It's known to be a fun event! Call Ed Senft for more info at 703-726-0965
- **Saturday, June 19, 2010** - Walk in the Park - Join your fellow Civitans at 10:00 am at our Adopt-a-Spot at Wilcoxon Park off Pickett Street in Fairfax City - Call Dave Hartmann for information at 703-978-4902.
- **Sunday, June 27, 2010** - Party at Lake Anne Fellowship House - We will be serving a light supper for the residents and treating them to some musical entertainment provided by a quartet! Watch for Dave Hartmann's e-mail for more info.

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Please remember to bring your PopTops and your used printer ink cartridges to our next Civitan meeting. Ed Senft is "in charge" of collecting the pop tops for a project supporting Ronald McDonald House (in partnership with our fellow Civitans at the CFS Proud Hearts Civitan Club). Denny Vaughan is our Ink Cartridge Re-cycling leader helping to recycle cartridges and earn money and Office Depot credits to help other groups who we work with and support!



# Civitan at the Farm is BACK!

**Saturday, May 22, 2010 - noon until ???**

One of our favorite fellowship events, Civitan at the Farm, will be held again this year at the Brass Ring Farm, home of the Leonards. The farm, at 9469 Cedrus Drive, Midland, VA, provides us with lots of room to spread out and enjoy the beautiful spring weather which we are planning for!

Bring your children, your friends, your neighbors—anyone who might enjoy a picnic and getting to know the wonderful members of our Fairfax Civitan Club.

This year we plan to have:

- Pony Rides for the kids (probably 1pm until 3pm)
- Moonbounce for the kids
- Lots of shade to sit in
- Hotdogs and Hamburgers on the grill
- Ice Cold Beer and Wine
- Lots of soda—regular & diet
- Bottled water on ice
- Iced Tea
- Playground beside the picnic venue
- Lots of Yummy potluck dishes to share—(Ray, we're hoping for your potato salad!!)



Please feel free to bring your lawn chairs, canopy, and a side dish (There will be a sign up list at the next meeting!) which will complement our Hot Dogs & Hamburgers! Plenty of parking! Come & stay as long as you like!! Donations to help with the cost of the pony rentals will be gladly accepted!!

Please send an e-mail to [deeleonard@aol.com](mailto:deeleonard@aol.com) or call 540-439-1502 if you can come and tell us how many guests you will have. We want to be sure to have plenty of Hot Dogs!!

Need Directions?? See Last Page of this Newsletter for a Map and Complete Directions!!

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## SAVE THE DATE FOR THE BURKE LAKE PICNIC

**Saturday, September 18**, is the date for the 2010 Burke Lake Picnic. Held annually (except for last year), this event is sponsored by Area III of the Chesapeake District, in coordination with the Therapeutic Recreation Department of the Fairfax County Parks and Recreation, for people with disabilities in the area. In the past, hot dogs, chips, drinks, and ice cream were served while the DJ busily kept toes tapping.

Please let Elaine know if:

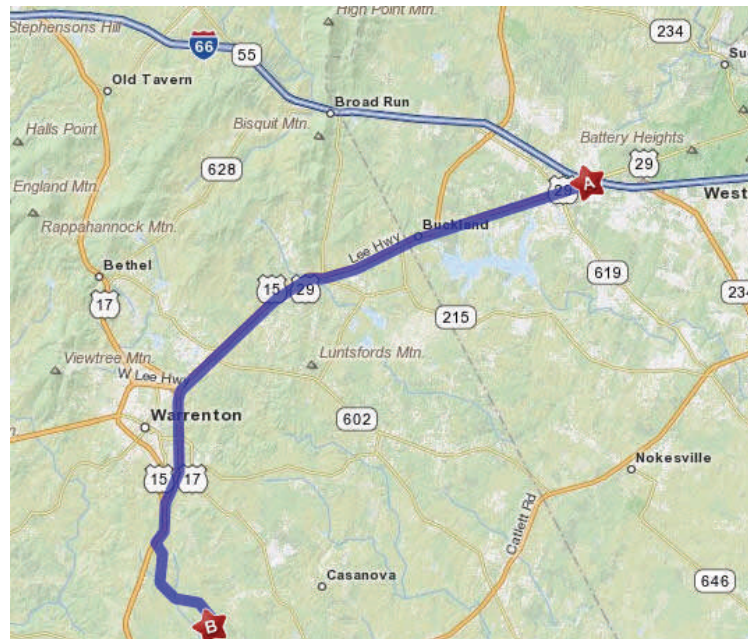
- \* You would be willing to serve on the planning committee (most plans will come from previous years),
- \* You will be able to arrive early to help set up,
- \* And if you know of some folks with disabilities who might like to come.

# Directions to Civitan at the Farm

## Saturday, May 22, 2010 - noon until ???

Exit 28 Route 17

Rt. 15



These directions are from the Route 66 exit at Gainesville, VA onto Route 29 S.

1. South on Route US 29/Lee Highway . . . . . go about 15.1 miles  
(Stay to the left and do NOT take US 29 Business)
2. Turn LEFT onto BEACH Road . . . . . go 2.1 miles  
(At this Intersection on the left you will see Smith Brothers, a  
Massey-Ferguson Tractor Dealer)
3. BEACH Road becomes GREEN Road (Don't turn!!) . . . . . go 0.6 miles
4. Turn RIGHT onto CEDRUS Drive . . . continue to the cul-de-sac where there will be plenty of parking.

Picnic will be in the pasture to your left. You'll see the tents and canopies and the moon bounce!

Feel free to bring your canopy and lawn chairs, pot-luck dish to share, and lots of kids! Bathrooms available at Larry & Lynn's house (to the right of the picnic grounds) or at Steve & Dee's house at the top of the hill/driveway.

PROVIDED: Cold Sodas, Bottled Water, Cold Beer, Wine, Hotdogs, Hamburgers & all the condiments  
We will eat at around 12:30 pm. Pony Rides for the kids will begin at around 2:00 pm.

ADDRESS: 9467 Cedrus Drive, Midland, VA 22728

PHONES: Steve's Cell 703-401-7741, Dee's Cell 703-507-4903, Larry's Cell 703-609-0997,  
Steve's HOME: 540-439-1502, Larry's HOME: 540-439-0980